



CTLA
TRANSPORT FOR YOUR COMMUNITY

Transport for Your Community

Hillcrest Community Centre | Hillcrest Road | Newhaven | East Sussex | BN9 9EA

Email: info@ctla.org.uk

Tel: 01273 517 332

Web: www.ctla.org.uk



Trips 2017 – South Coast

The word February is believed to have derived from the name 'Februa' taken from the Roman 'Festival of Purification'. The root 'februo' meaning to 'I purify by sacrifice'. As part of the seasonal calendar February is the time of the 'Ice Moon' according to Pagan beliefs, and the period described as the 'Moon of the Dark Red Calf' by Black Elk. February has also been known as 'Sprout-kale' by the Anglo-Saxons in relation to the time the kale and cabbage was edible.

Dear Travel Club Member,

Please find below the Travel Club trips for February 2017:-

10:00am on Tuesday, 24th January, 2017

**Please do not call before the above time & date or
leave phone messages on the above date as bookings will not be taken**

Wednesday, 1st February – Paradise Park Timely Talks - “Home for Houseplants” – a tour of your house (don't be out!) discovering a plant for every corner. Special plant offer. The talk starts at 11am in the Coffee Shop and lasts approximately 50 minutes. Free entry. Free tea or coffee in the interval. After the talk you will have time for a browse around the garden centre and enjoy a light lunch.

Friday, 3rd February – The Ark, Newhaven - set on the riverbank, with stunning views of the Ouse & all it's wildlife. If the weather is a bit inclement, come in and warm yourself by the log fire. The newly decorated bar is nautically themed with a cosy ambience. Starters from £3.50, Mains from £9 & Desserts from £3.50. Table booked for 1pm.

Saturday, 4th February – Batemans – Bateman's is a 17th-century house located in Burwash, East Sussex. Author Rudyard Kipling lived in Bateman's from 1902 to his death in 1936. Have a wander around the house & lovely grounds, look around the gift shop or treat yourself to a snack lunch in the café. Please bring your National Trust Cards or entry fee £10.40 includes house. Up to 3 hours to browse. **Access – Please note in the house there is 1 step into dining room on the ground floor and the only access to the first floor is by a flight of stairs. There is a visual tour available. Please also note some of the surface is uneven especially from the car park to entrance.**

Sunday, 5th February – The View Restaurant, Seaford Head Golf Club – located at the end of Southdown Road above the Seaford Head Golf Course, The View Restaurant serves excellent 2 course or 3 course chef prepared traditional Sunday roast lunch. Situated high on the cliffs of Seaford Head, enjoy the simply stunning panoramic views and the unique vantage point over Seaford Bay. 2 courses £15.95 or 3 courses £17.95. Lunch booked for 1pm.

Tuesday, 7th February – Wyevale Garden Centre, Horsham - as well as selling top quality plants (many of which are grown in their nursery), they sell almost every garden related accessory imaginable and a huge array of other products, There is a wonderful restaurant set in a beautiful 17th century barn, which is open all day and serves delicious home-made food. Up to 3 hours to browse.

Wednesday, 8th February – Morrisons & Asda, Eastbourne – choose between Morrisons and Asda (you can tell the driver on the day). Both are superstores offering a wide selection of goods and most importantly both have a lovely café to enjoy a little refreshment after all that shopping. Up to 3 hours to browse.

Friday, 10th February – Shopping Day in Bexhill – why not enjoy a free day in Bexhill, plenty of shops to visit and restaurants to choose from, also why not visit the De La Warr Pavilion where you can enjoy a lunch in the café bar kitchen with fresh food and sea views. Up to 3 hours to browse. Pick ups start at 9am.

Saturday, 11th February – Seaford Cinema, Barn Theatre, Seaford - The Beatles: Eight Days A Week - The Touring Years is based on the first part of The Beatles' career (1962-1966) - the period in which they toured and captured the world's acclaim. Ron Howard's film will explore how John Lennon, Paul McCartney, George Harrison and Ringo Starr came together to become this phenomenon, "The Beatles." It will delve into their inner workings - how they made decisions, created music and built their collective career together - all the while, highlighting The Beatles' extraordinary musical gifts and their remarkable, complementary personalities. The film will focus on the time period from the early Beatles' journey in the days of The Cavern Club in Liverpool to their last concert in San Francisco in 1966. Doors open at 2pm. Film commences at 2.30pm. Tickets £5 each. ***If you wish to go then please at time of booking send in a non-refundable payment of £5.***

Sunday, 12th February – The Cumberland Hotel, Eastbourne - the ground floor Wordsworth Restaurant offers you elegant surroundings with unrivalled sea views. Carvery 2 courses £13.50. Lunch booked for 1pm.

Tuesday, 14th February – Hillcrest Lunch – always a good trip as you will have the opportunity to enjoy a home cooked lunch and the chance to meet some of the CTLA team, prices are £6 for a main course and puddings are £2.80. Lunch booked for 12.30 pm.

Wednesday, 15th February – Royal Pavilion & Lunch at Devil's Dyke - the Royal Pavilion is an exotic palace in the centre of Brighton with a colourful history. Built as a seaside pleasure palace for King George IV, this historic house mixes Regency grandeur with the visual style of India and China. Entrance fee is £10.50 per person which needs to be paid individually on admission. We will aim to get you there for 11.00am after a couple of hours exploring you will be driven to the Devil's Dyke for lunch. Lunch booked for 1.30pm.

Friday, 17th February – Russells Garden Centre, Chichester - a wonderful garden centre offering a unique lifestyle store, take time to explore their interior oak furniture showrooms, gift shop, plant centre, sweets and treats shop and award winning restaurant - the stylish decoration in the restaurant is coastal inspired with a log burning fire, deep leather sofas and contemporary oak furniture which creates a relaxed ambience. Up to 3 hours to browse.

Saturday, 18th February – Shopping Day in Tunbridge Wells – wonderful selection of shops and places to eat in Tunbridge Wells. Why not saunter around the Pantiles (weather permitting) or browse all the shops in the Royal Victoria Place Shopping Centre. Up to 3 hours to browse. Pick ups start at 9am.

Sunday, 19th February – The Moorings – enjoy a scenic drive out to Pevensey Bay and enjoy lunch at the wonderful Moorings Restaurant. The Moorings is a traditional English restaurant serving good quality food at reasonable prices. Starters from £4.40, Main Roast Dinner £10.95, Desserts from £3 (**please specify at time of booking whether you want Chicken or Beef**). Lunch booked for 1pm.

Monday, 20th February – The Range & Dunelm - first we will drive you to The Range, Worthing. This store is packed with everything you need for your home and garden. After having a look round the store you will be able to enjoy a coffee and a light bite in their instore café. Up to 1½ hours to browse. On the way home you will be driven to Dunelm Mills, Shoreham. Up to 1½ hours to browse. Pick ups start at 9am.

Thursday, 23rd February - Shopping Shuttle - we will drop you either at Sainsbury or Lidl's in Newhaven or Morrisons in Seaford. You will have around 2 hours to shop before we come and collect you. Please let the office know at the time of booking which store you wish to visit. Peacehaven and Newhaven members may be dropped off and collected at different times to the Seaford members.

Saturday, 25th February – High Beeches Tea Room & Tea Garden, Haywards Heath – this tea room has established a reputation locally for home cooked foods, delicious teas and cakes making it a great place to visit. Light Lunches consisting of soup/sandwiches from £4.95, Mains Meals from £7.10 & Desserts £4.25. Lunch booked for 1pm.

Sunday, 26th February – Arun View, Littlehampton - enjoy a leisurely drive down to Littlehampton to the wonderful Arun View. Situated on the side of the River Arun, this Inn offers a relaxed venue, wonderful view, friendly staff along with great home cooking, what more can you ask for. Starters from £5.50, Mains from £9.95 & Desserts from £5.75. Lunch booked for 12.30pm.

Tuesday, 28th February - Holmbush & Longshore - a few hours shopping in Next, Tesco's and Marks & Spencer, then lunch is booked for 1.30pm at the Longshore. If you would prefer to stay at Holmbush then please can you let us know at the time of booking. Remember that the Longshore offers 2 meals for the price of 1 so why not buddy up and enjoy a saving!

Arndale – Thursdays, 2nd, 9th & 16th & Friday, 24th February

February's Fare Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 st Paradise Park Timely Talk 4 Towns	2 nd Arndale £10	3 rd The Ark 4 Towns	4 th Batemans £12	5 th Seaford Head Golf Club 4 Towns
6 th No Trip	7 th Wyevale Garden Centre, Horsham £12	8 th Morrisons & Asda £12	9 th Arndale £10	10 th Bexhill £12	11 th Seaford Cinema 4 Towns	12 th Cumberland Hotel £10
13 th No Trip	14 th Hillcrest Lunch 4 Towns	15 th Royal Pavilion & Devil's Dyke £11	16 th Arndale £10	17 th Russells Garden Centre £15	18 th Tunbridge Wells £13	19 th The Moorings £12
20 th The Range & Dunelm £13	21 st No Trip	22 nd No Trip	23 rd Shopping Shuttle 4 Towns	24 th Arndale £10	25 th High Beeches Tea Rooms £13	26 th Arun View £13
27 th No Trip	28 th Holmbush & Longshore £12					

4 Towns Fares

**Seaford Members: Within Seaford £3.50, To Newhaven £5.00,
To Peacehaven or Telscombe £8.00**
**Newhaven Members: Within Newhaven £3.50,
To Peacehaven or Telscombe £5.00, To Seaford £5.00**
**Peacehaven & Telscombe Members: Within PH or TC £3.50,
To Newhaven £5.00, To Seaford £8.00**

Emergency Cancellation Number (Weekends only): 07821 017328

TRAVEL CLUB, COMMUNITY AND MEMBERSHIP

IMPORTANT MESSAGE FOR MEMBERS - PLEASE READ

PICK UP TIMES

We have had recent incidents of Travel Club members not going on a trip because when the driver calls for them they say they have not been given a pick up time. The Office always gives 48 hours' notice of pick up times. If we are unable to contact you we leave a message on your answerphone (if you have one). Therefore, if you have not heard from us within 24 hours' of your trip, please first check your answerphone and if no message then contact this office. Thank you for your co-operation.



LIVING WITH DIABETES?
KNOW SOMEONE AFFECTED?
Sussex Community Development Association

Come along to a BRAND NEW Diabetes Support Group!

When: Second Thursday of the month
1pm -2.30pm (starting January 12th)
Where: St. James' Trust, Seaford

A new group for people living with Diabetes, or affected by it.

Contact Pia Prince on 01273 512024
Healthy Lifestyles on 01273 516032

DIABETES UK
CARE. CONNECT. CAMPAIGN.

www.diabetes.org.uk A charity registered in England and Wales (215108) and in Scotland (SC039138). © Diabetes UK 2014 4430521016